



MN BPA STATE OFFICER **NEWSLETTER**

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TIPS FOR STATE

Do you want to be successful at this year's State Leadership Conference? Below you will find some stellar tips!

- Bring some extra cash for food, drinks, and Special Olympics
- Bring in textbooks and resources to testing events (not Open Events)
- Don't pull all-nighters, you need all the sleep you can get
- Utilize the Target that is just 10-minute walk from the hotel
- Arrive at your event 10-15 minutes before to relax
- Don't wear your name badge outside of the hotel
- Pack comfortable shoes, because there is a lot of standing, sitting, and waiting
- Be sure to take pictures with your State Officers
- HAVE FUN; be your self!

SAFETY ARTICLE

Ashton Pihl, Chisago Lakes BPA member, would like to talk about taking a pledge against drugs.

Many of us know someone who has taken or abused drugs. In a study taken in 2016, almost half of all college students admitted to taking some kind of drug. Using drugs while in high school leads to a lifetime of substance abuse. 75% of people in drug abuse centers said they used drugs before they were 17.

This year a group of 476 adolescents was surveyed and 450 said that they gained some sort of mental illness after taking drugs. Overdose deaths are also increasing, doubling over the last two years. We can all help these stats by pledging against using drugs.

GET HYPED FOR STATE!

The 2018 State Leadership Conference will once again be held at the ravishing Hyatt Regency in downtown Minneapolis.

There will be a new entertainment allowing members to cherish their childhood memories by playing the classic game but human-size. Every member that attends State will receive a ticket to play, and you can buy more tickets to earn fabulous prizes; all proceeds will go to Special Olympics.

Meet other BPA members and your State Officers at the Dream Central, plus be on the lookout for social media challenges to win prizes.

MESSAGE FROM THE STATE OFFICER TEAM

Over the past 28 days, we have diligently been finalizing the details for the 2018 State Leadership Conference that is just a few short days away! We cannot wait for all of you to experience the conference that took 4 months to plan. Best of luck to all that are competing; we are excited to find out who will be representing Minnesota BPA at this year's National Leadership Conference!